

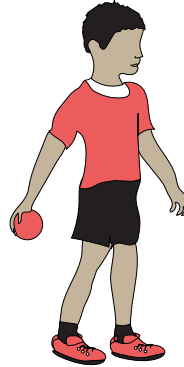
# Kitchen Curling

## Home Physical Education

Can you play fairly and keep the score?

### How to play:

- Clear a space on a smooth surface i.e. a table or hallway floor and place a target at one end of the space.
- Using a pair of rolled up socks, slide them across the floor, trying to get them as close to the target as possible.
- Play against an opponent. Each player has 3 pairs of socks. The pair of socks closest to the target scores a point. The player with the most points after 3 rounds is the winner.



If you do not win, can you keep trying your hardest?

### Top Tips

Focus on the target

Concentrate on the target and use an underarm technique to slide the socks along the surface.

### Let's Reflect

What did you find easy or hard about this game?

How did you feel when your socks were the closest?