



Breakfast Club Menu				
Monday	Tuesday	Wednesday	Thursday	Friday
Low sugar cereal with low fat milk	Bagels	Low sugar cereal with low fat milk	Plain muffins	Low sugar cereal with low fat milk
Wholemeal Toast Low fat Yogurt Fruit	Wholemeal Toast Low fat Yogurt Fruit	Wholemeal Toast Low fat Yogurt Fruit	Wholemeal Toast Low fat Yogurt Fruit	Wholemeal Toast Low fat Yogurt Fruit
Water Low fat milk	Water Low fat milk	Water Low fat milk	Water Low fat milk	Water Low fat milk
Afterschool club Menu				
Monday	Tuesday	Wednesday	Thursday	Friday
Fruit Yoghurt	Fruit Yoghurt	Bagels Yoghurt	Fruit Yoghurt	Bagels Yoghurt